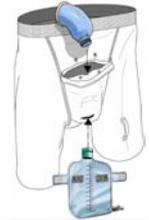




Frequently Asked Questions

What should I use for active daytime use? The basic system, shown here, can be used for active daytime use such as golfing, fishing, hiking, bowling, walking, gardening, or travelling. It has 3 main components: an ergonomic receptacle, boxer briefs, and a collection bag. Receptacles are available in 2 styles: (high and low), briefs are based on waist size, and collection bags come in standard 16 oz capacity.



Recommended components:		or			
	High Style Receptacle		Low Style Receptacle	Briefs	Standard Collection Bag

What should be used for long-term sitting? There are 2 collection bag options. The first is to use the extra capacity bag which is larger and can hold more in a sitting position. The second option is a leg bag, leg bag holder, and extension tube. The leg bag is positioned below the knee and held in place with a breathable low-pressure wrap. For sitting applications we recommend our “low style” receptacle.

Recommended components:		+		or		with	
	Low Style Receptacle		Extra Capacity Bag		Extension Tube Assembly		Leg Bag and Leg Bag Holder

What components are recommended for night time use? For those who sleep on their back and are stable at night, a high-style receptacle can be used with an extension tube and a 2-liter bed bag. For lower volume at night, the extra capacity bag can be positioned between the legs. For stomach or side sleepers or those who frequently shift at night, the receptacle should be replaced with our snap-in overnight pad. This is washable/re-usable up to 200 times and holds 12 ounces. In all night-time situations we suggest the additional protection of our Provent brand underpads.

Recommended components:

	+		and		or		
High Style Receptacle		Extension Tube Assembly		2-Liter Bed Bag		Extra Capacity Bag	Overnight Pad
Sleep on back and stable							Sleep on stomach/side & shift at night

What should I do when I first get the āfex system? The first thing we suggest is watch the instructional DVD that comes with every starter kit. Then read the detailed instructions. Verify proper waist size of the briefs and try the system at home. Get accustomed to it before any major event. If you need further assistance or different components for your application, call the Arcus Medical HelpLine - toll free 1-877-272-8763.

How does the āfex system work? There are three main components to the āfex system: a receptacle, briefs, and a collection bag. The receptacle is a loose-fitting latex-free and adhesive-free ergonomically shaped device made of two plastics: a firm but flexible outer shell and a soft inner liner. The inner liner forms a double wall so the skin is suspended away from any residual urine. The receptacle is held in place with briefs and a 16 oz (500 ml) collection bag is attached directly to the receptacle with an easy “twist-and-lock” connection. When properly used for the correct application, āfex is a comfortable, discreet, convenient, cost-effective alternative to disposable pads and catheters.

Where is the standard collection bag situated and how does it stay in place? The bag is positioned on the inside the upper left thigh area. It is supported by the briefs and during high activity levels can be secured with “stability tabs” which prevent the bag from swinging back and forth. Typically, if you are in a low-activity mode, we suggest to NOT use the “stability tabs” so the bag remains lower than the receptacle to improve flow. This is especially important in a sitting position.

How do you drain the urine from the bag? The collection bag features an easy-open drain clamp that operates by pulling up on a lever. It also features a safety lock to prevent accidental opening during use of the system.

What parts of the āfex system are reusable? All parts of the āfex system are reusable. Some components last longer than others, but because it isn’t a disposable, you can save up to 50% per year versus disposable absorbent pads.

How often do the reusable parts need to be replaced? The recommended replacement interval for collection bags is 30 days. For receptacles, we suggest a new one every 90 days. Briefs should be purchased based on personal preference and frequency of laundering. Briefs as well as our overnight pads last about 200 washings.

Can I take a nap with the āfex system on? Yes, as long as you have the system pointed downward so urine can freely flow into the bag and the void volume during your nap will not exceed the capacity of the collection bag. Keep in mind that the collection bag volume is reduced when not in a standing position.

Do I have to completely disconnect the system in order to have a bowel movement? No, you do not need to disconnect anything. Simply lower the briefs as with typical underwear.

What type of patient should NOT use āfex? It is not recommended for men with a retracted penis or less than one inch of length. Also, a rigid implant will not work the āfex system. We also suggest a care-giver if assistance is required due to loss of dexterity or dementia.